

Gefühlsachterbahn von Fabia Jansen (13)

Liebe, Leben, Tod, Trauer, Glück,
Momente tiefer Betroffenheit,
Die von uns Menschen, einzigartig,
Wie wir sind,
Ständig anders verarbeitet werden.

Jeder tut das auf seine eigene Art und Weise,
Und doch irgendwie gleich.
Alles hat seine Zeit,
Oft geht es schnell, manchmal weniger.
Und irgendwann gerät das Gefühlte in Vergessenheit.

Aber verarbeitet man so die starken Gefühle,
Die einen oft mit voller Wucht treffen?
Gehen wir echt alle so mit Empfindungen um,
Die einer Achterbahnfahrt voller Adrenalin gleichen?
Einfach abstempeln?

Schon wieder nur Fragen,
Fragen und keine Antworten,
Fragezeichen statt Ausrufezeichen,
Dunst im Kopf statt Klarheit,
Stop!

Versteht ihr denn nicht?
Wie soll ich denn damit klarkommen, wenn mir keiner Antworten gibt?
Ich bin doch schließlich noch ein Kind.

Love von Fabia Jansen (13)

It's like crashing into cold water,
Falling deeper and deeper,
Without control,
Without reasons.

It's like standing on a rooftop,
Screaming out the feelings,
And being wild,
And being free.

It's like landing on the moon,
Exploring new worlds,
Don't think about problems,
Don't think about sadness.

It's like crashing into cold water,
Falling deeper and deeper,
In love with you.

'Cause nobody knows the team that we are,
And the love that we give each other.

It's like so many things,
Like thousands of them,
It's LOVE.

Nobody knows von Fabia Jansen (13)

Be funny, smile, don't discuss!
Be quiet, be normal, be shy!
That's the key to happiness, they say.

Don't be extraordinary, don't argue, don't cry!
Don't fall, don't scream, don't give up!
That's the way to a lucky life, they tell me.

But nobody knows how I feel.
Nobody knows my fears, my anger and my fears.
Nobody knows how horrible my life has become
With all these rules,
All these things you have to do.

But nobody asked,
Nobody wanted to know how I feel.
It's not important.
The feelings of a little girl like me
In such a big world.

But look, this world loses its humanity.
Everyone thinks just about himself.
It's not important how other people feel.
And so, nobody knows the feelings
Of all the little girls in this world.